

APPENDIX 2- Neath Port Talbot Young Carers Service

Overview of Current Service Delivery

The Neath Port Talbot Young Carers Service is delivered by NPT CBC Youth Service, as an internal function, funded via the Welsh Governments Families First Programme. The Youth Service were successful tenderers in the recent Families First procurement exercise. This Service for Young Carers has been in function since April 1st 2018.

As the Service is now delivered internally, there a more intrinsic links to the Team around the Family Service and the Single Point of Contact Team, creating a more cohesive and collaborative approach towards the needs of young carers, which in turn enables a more holistic assessment process of the familial needs.

The service currently delivers against the following criteria and outcomes:-

Service	Minimum Requirement	Capacity	Access	Outcomes/Measures*
Support for Young Carers (up to 25 years)	<p>A range of services to support children and young people who have caring responsibilities for a family member, where the caring responsibilities impacts on their own health, education of social wellbeing. The service should:</p> <p>Ensure that a Young Carers Assessment (YCA) is completed for the family through CYPS.</p> <p>Link with adult caring services working with the family, where appropriate, to ensure that actions identified in the YCA are completed, where this affects the health and wellbeing of the young carer.</p>	<p>50 young people per year minimum</p> <p>A bespoke package of support, depending on need as below</p> <p>Caseload:- Home Visit per person Action Plan per person One to one bespoke sessions depending on need Review Meetings</p>	Children's Services, following YCA	<p>% of young people/families who are happy with the support received from their Youth Worker</p> <p>% of young people who feel that taking part in the project has helped them</p> <p>% of young people who feel they have met their individual target set within their Action Plan</p> <p>% of young people who feel more positive about learning</p> <p>% of young people/families who feel more positive about themselves or their well-being has improved</p> <p>% of young people/families who feel an improvement in</p>

APPENDIX 2

	<p>Provide opportunities for young carers to socialise together (age appropriate) (Session Records)</p> <p>Provide individual and group opportunities for Children and Young People to share their experiences and receive worker and/or peer support (age appropriate) (Session Records)</p> <p>Work with relevant schools and colleges to raise awareness of the impact of caring responsibilities on the Child/Young Person and support schools to develop plans to maintain the engagement of the Child/Young Person in education. (School Plans)</p> <p>Work with children, young people and families to identify other appropriate services that will meet their needs and support where referrals to services are required. (Action Plan)</p> <p>Regularly review support in place and monitor progress. (Reviews & Family Meetings)</p> <p>Clearly identify and agree an exit strategy with the Young Person to ensure on-going support is in place. (Exit meetings, Signposting)</p>	<p>1 exit meeting per family</p> <p>Wider family work depending on need</p> <p>Group work:- 6 group work sessions per quarter minimum</p> <p>Special events or projects that provides social and recreational opportunities for young carers</p> <p>Awareness raising:- Work with all schools and colleges of the young people referred</p> <p>Evaluation forms from young people</p> <p>Family evaluation forms as appropriate</p>		<p>their confidence and self-esteem</p> <p>% of young people/families who feel less anxious or more able to cope with change or difficult situations</p> <p>% of young people/families who feel they can manage their feelings better</p> <p>% of young people/families who feel an improvement in their relationships at home</p> <p>% of young people who feel their Youth Worker as listened to them</p> <p>Family only questions:-</p> <p>% of families who feel an improvement in family resilience</p> <p>% of families who feel they have achieved the outcome they wanted for their family</p> <p>% of families who feel the support has made a positive difference to their family</p>
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*% Reporting is collated every Quarter as per Families First Reporting Guidance. Full Year reporting will be brought to members in 2019.

APPENDIX 2

Since the inception of the service and the transfer of Young Carers from the previously commissioned Service, the following Statistics can be provided:-

Young Carers Statistics April & May 2018

- 14 young people from 11 families transferred over from previously commissioned Service.
- 3 young people from 3 families chose to engage with Young Carers Service from those transferred over.
- 6 new young people from 4 families have gone through Early Intervention and Prevention Panel (EIP), had a CYPS assessment and engaged with Young Carers Service.
- 4 new young people from 4 families have gone through EIP Panel and have been sent back for a CYPS assessment. Young Carers Service to start following completion of the assessment.
- 1 new young person has gone through EIP Panel, team to investigate further to determine if a young carer, and request CYPS assessment if appropriate.
- 5 home visits/family sessions taken place
- 7 individual sessions taken place
- 2 group sessions taken place
- 2 social & recreational sessions taken place

APPENDIX 2

Group work sessions started in May 2018 and run every Monday evening with transport provided.

Individual one to one youth work support sessions are provided on a weekly basis, and take place where the young person and their family are comfortable. This could be in school, at home or within the community and in the daytime, evenings or weekend. The group have been on their first off-site activity, a trip to Folly Farm.

The group are currently undertaking a spray art project to help build relationships with staff and their peers. See picture below. An educational programme is being developed for the group, to include, but not limited to cooking skills, healthy eating and first aid training.

APPENDIX 2

